UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) November 7, 2012

Pizza Inn Holdings, Inc.

(Exact name of registrant as specified in its charter)

Missouri

0-12919

45-3189287

(State or other jurisdiction of incorporation)

(Commission File Number)

(IRS Employer Identification No.)

3551 Plano Parkway, The Colony, Texas

(Address of principal executive offices)

75056 (Zip Code)

Registrant's telephone number, including area code (469) 384-5000

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

ITEM 2.02 Results of Operations and Financial Condition

On November 7, 2012, Pizza Inn Holdings, Inc. issued a press release discussing financial results of its first quarter of fiscal 2013 ended September 23, 2012, a copy of which is attached as Exhibit 99.1 hereto.

ITEM 9.01 Financial Statements and Exhibits

(d) Exhibits

Exhibit	Description
Number	
99.1	Pizza Inn Holdings, Inc. press release dated November 7, 2012.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

PIZZA INN, INC.

Date: November 7, 2012 By: <u>/s/ Clinton Coleman</u>

Clinton Coleman, President and Chief Executive Officer

FOR IMMEDIATE RELEASE

Contact: Jerry L. Trojan Chief Financial Officer Pizza Inn Holdings, Inc. 469-384-5000

PIZZA INN HOLDINGS, INC. REPORTS RESULTS FOR FIRST QUARTER FISCAL YEAR 2013

Company continues to grow Pie Five Pizza Co. concept

The Colony, Texas - November 7, 2012 -- PIZZA INN HOLDINGS, INC. (NASDAQ: PZZI)

First Quarter Fiscal Year 2013 Highlights:

- · The Company opened an additional Pie Five Pizza Co. restaurant
- · Company-owned restaurant sales increased 41.4% over the first quarter of fiscal 2012 to \$1.8 million
- · Net income decreased \$0.4 million from the first quarter of fiscal 2012 to a loss of \$58,000
- · Compared to first quarter of fiscal 2012, total domestic franchised same store sales declined 6.8%
- · EBITDA decreased \$0.4 million to \$0.3 million compared to first quarter of fiscal 2012

Pizza Inn Holdings, Inc. (NASDAQ: PZZI) today announced results for the first fiscal quarter ended September 23, 2012. First quarter net income decreased \$0.4 million to a loss of \$58,000, or \$0.01 per share, compared to net income of \$0.3 million, or \$0.04 per share, for the same quarter of the prior fiscal year. The decline in net income was primarily attributable to lower revenue earned from franchising and food and supply sales and higher costs related to the continued development of the Pie Five Pizza Co. concept when compared to the first quarter ended September 25, 2011.

First quarter revenues decreased to \$10.4 million in fiscal 2013 compared to \$11.1 million in the prior fiscal year. Food and supply sales decreased by approximately \$1.2 million, or 13.4%, due to the combined impact of a decrease in the average number of restaurants open, a 9.4% decrease in total domestic franchisee retail sales and a decrease in non-proprietary items purchased from the Company by franchisees. Compared to the first quarter of fiscal 2012, Company-owned restaurant sales increased 41.4% to \$1.8 million due primarily to new store openings.

"We continue to develop and expand our Pie Five concept with the addition of one new store opened in the fiscal first quarter and our eighth store in October," commented Clinton Coleman, Interim President and Chief Executive Officer. "We are pleased with the performance of the last several new stores and are planning to accelerate the opening of Pie Five stores in the second half of fiscal 2013. Our franchise development activities are ramping up, as experienced multi-unit operators in many markets are indicating a high degree of interest in the Pie Five concept. Meanwhile our Pie Five brand has drawn national attention as a result of being named a Hot Concept for 2012 by *Nation's Restaurant News*. We continue to invest in people and infrastructure in anticipation of further development of Company-owned and franchised units of our Pie Five concept."

"The retail sales trend in the Pizza Inn system continued to be impacted during the first quarter by the high level of pricing competition in the pizza market. While food and supply sales relative to total domestic franchisee sales remained below our historical norms during the first quarter, the trend improved from the pace of the third and fourth quarters of fiscal 2012. We continue to evaluate new initiatives for providing high-quality, non-proprietary food products to our franchisees," Mr. Coleman concluded.

FOR IMMEDIATE RELEASE

Contact: Jerry L. Trojan Chief Financial Officer Pizza Inn Holdings, Inc. 469-384-5000

Certain statements in this press release, other than historical information, may be considered forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995, and are intended to be covered by the safe harbors created thereby. These forward-looking statements are based on current expectations that involve numerous risks, uncertainties and assumptions. Assumptions relating to these forward-looking statements involve judgments with respect to, among other things, future economic, competitive and market conditions, regulatory framework and future business decisions, all of which are difficult or impossible to predict accurately and many of which are beyond the control of Pizza Inn Holdings. Although the assumptions underlying these forward-looking statements are believed to be reasonable, any of the assumptions could be inaccurate and, therefore, there can be no assurance that any forward-looking statements will prove to be accurate. In light of the significant uncertainties inherent in these forward-looking statements, the inclusion of such information should not be regarded as a representation that the objectives and plans of Pizza Inn Holdings will be achieved.

Pizza Inn Holdings, Inc. is an owner, franchisor and supplier of a system of restaurants operating domestically and internationally under the trademarks "Pizza Inn" and "Pie Five Pizza Company." The Company and its distribution division, Norco Restaurant Services Company, are headquartered in The Colony, Texas. The Company's common stock is listed on the Nasdaq Capital Market under the symbol "PZZI."

PIZZA INN HOLDINGS, INC. CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS

(In thousands, except per share amounts) (Unaudited)

	Three Mo	Three Months Ended	
	September 23, 2012	September 25, 2011	
REVENUES:	\$ 10,438	\$ 11,147	
COSTS AND EXPENSES:			
Cost of sales	8,792	9,250	
General and administrative expenses	1,005	895	
Franchise expenses	501	452	
Pre-opening expenses Bad debt	79 45	12 15	
Interest expense	104	16	
increst expense	10,526	10,640	
(LOSS) INCOME FROM CONTINUING OPERATIONS BEFORE TAXES	(88)	507	
Income taxes	(45)	178	
(LOSS) INCOME FROM CONTINUING OPERATIONS	(43)	329	
Loss from discontinued operations, net of taxes	(15)	(16)	
NET (LOSS) INCOME	\$ (58)	\$ 313	
EARNINGS PER SHARE OF COMMON STOCK - BASIC:			
(Loss) Income from continuing operations	\$ (0.01)	\$ 0.04	
Loss from discontinued operations		_	
Net (loss) income	\$ (0.01)	\$ 0.04	
EARNINGS PER SHARE OF COMMON STOCK - DILUTED:			
(Loss) Income from continuing operations	\$ (0.01)	\$ 0.04	
Loss from discontinued operations			
Net (loss) income	<u>\$ (0.01)</u>	\$ 0.04	
Weighted average common shares outstanding - basic	8,021	8,011	
Weighted average common and			
potential dilutive common shares outstanding	8,113	8,128	

PIZZA INN HOLDINGS, INC. CONDENSED CONSOLIDATED BALANCE SHEETS

(In thousands, except share amounts)

ASSETS	September 23, 2012 (unaudited)	June 24, 2012	
CURRENT ASSETS			
Cash and cash equivalents	\$ 1,157	\$ 590	
Accounts receivable, less allowance for bad debts			
of \$297 and \$253, respectively	2,878	3,098	
Inventories	1,780	1,852	
Income tax receivable	431	431	
Deferred income tax assets Prepaid expenses and other	1,295 394	1,078 256	
Total current assets	7,935	7,305	
Total Current assets	7,935	7,305	
LONG-TERM ASSETS			
Property, plant and equipment, net	4,907	4,794	
Long-term notes receivable	53	27	
Deposits and other	218	372	
	\$ 13,113	\$ 12,498	
LIABILITIES AND SHAREHOLDERS' EQUITY			
CURRENT LIABILITIES		. = . = . = . = . = .	
Accounts payable - trade	\$ 1,447	\$ 1,562	
Accrued expenses	1,833	1,756	
Deferred revenues	143	200	
Bank debt	465	765	
Total current liabilities	3,888	4,283	
LONG-TERM LIABILITIES			
Bank debt, net of current portion	1,835	977	
Deferred tax liability	873	699	
Deferred revenues, net of current portion	116	125	
Deferred gain on sale of property	78	84	
Other long-term liabilities	28	22	
Total liabilities	6,818	6,190	
COMMITMENTS AND CONTINGENCIES			
SHAREHOLDERS' EQUITY			
Common stock, \$.01 par value; authorized 26,000,000			
shares; issued 15,140,319 and 15,140,319 shares, respectively;			
outstanding 8,020,919 and 8,020,919 shares, respectively	151	151	
Additional paid-in capital	9,199	9,154	
Retained earnings	21,581	21,639	
Treasury stock at cost			
Shares in treasury: 7,119,400	(24,636)	(24,636)	
Total shareholders' equity	6,295	6,308	
	\$ 13,113	\$ 12,498	
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PIZZA INN HOLDINGS, INC. CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS (In thousands) (Unaudited)

	Three Months Ended		
		ember 23, 2012	September 25, 2011
CASH FLOWS FROM OPERATING ACTIVITIES:			
Net (loss) income	\$	(58)	\$ 313
Adjustments to reconcile net (loss) income to			
cash provided by operating activities:			
Depreciation and amortization		291	176
Stock compensation expense		45	42
Deferred tax		(43)	18
Provision for bad debts		44	15
Changes in operating assets and liabilities:			
Notes and accounts receivable		176	(17)
Inventories		72	(55)
Accounts payable - trade		(115)	(244)
Accrued expenses		77	(20)
Deferred revenue		(72)	- (100)
Prepaid expenses and other		(14)	(109)
Cash provided by operating activities		403	119
CASH FLOWS FROM INVESTING ACTIVITIES:			
Capital expenditures		(394)	(115)
Cash used by investing activities		(394)	(115)
CASH FLOWS FROM FINANCING ACTIVITIES:			
Borrowings of bank debt		2,560	-
Repayments of bank debt		(2,002)	(83)
Cash provided (used) by financing activities		558	(83)
Net increase (decrease) in cash and cash equivalents		567	(79)
Cash and cash equivalents, beginning of period		590	949
Cash and cash equivalents, end of period	\$	1,157	\$ 870
Cash and cash equivalents, that of period	Ψ	1,137	Ψ 070
SUPPLEMENTAL DISCLOSURES OF CASH FLOW INFORMATION			
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CASH PAYMENTS FOR:			
Interest	\$	33	\$ 12

PIZZA INN HOLDINGS, INC. RECONCILIATION OF NON-GAAP FINANCIAL MEASURES (In thousands) (Unaudited)

	Three	Three Months Ended	
	September 2012	23,	September 25, 2011
Net (loss) income	\$	58)	\$ 313
Interest expense	1	04	16
Taxes	(45)	178
Depreciation and amortization	2	91	176
EBITDA	\$ 2	92	\$ 683