

Item 7.01 Regulation FD Disclosure

On March 10, 2014, the Registrant issued a press release announcing that on March 11, 2014, Randall E. Gier, President and Chief Executive Officer of Pizza Inn Holdings, Inc., will make a presentation at the 26th Annual ROTH Conference in Dana Point, California. The press release also announces that a copy of the presentation materials will be available on the Registrant's website at www.pizzainn.com on and after the time of the presentation. A copy of the press release is filed as Exhibit 99.1 to this Current Report on Form 8-K.

Item 9.01 Financial Statements and Exhibits

(c) Exhibits.

99.1 Press release dated March 10, 2014.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Pizza Holdings Inn, Inc.

Date: March 10, 2014

By: /s/ Randall E. Gier
Randall E. Gier, President and
Chief Executive Officer



PRESS RELEASE

For Immediate Release

Contact: Randy Gier, Chief Executive Officer
469.394.5000

Pizza Inn Holdings Inc. to Present at the 26th Annual ROTH Conference

DALLAS (March 10, 2014) – Pizza Inn Holdings, Inc. (NASDAQ: PZZI), an owner, franchisor and supplier of a system of restaurants operating domestically and internationally under the trademarks "Pizza Inn" and "Pie Five Pizza Co.," has been invited to present at the 26th Annual ROTH Capital Partners Conference, which is being held March 9-12 at the Ritz-Carlton Laguna Niguel in Dana Point, California.

Randy Gier, CEO, is scheduled to present on Tuesday, March 11, at 9:30 a.m. Pacific time, with one-on-one meetings held throughout the day. The full presentation and transcript will be available at www.pizzainn.com.

For more information about the conference, please contact your ROTH representative at conference@roth.com.

ABOUT PIZZA INN

Headquartered in the Dallas suburb of The Colony, TX, Pizza Inn Holdings, Inc., is an owner, franchisor and supplier of a system of restaurants operating domestically and internationally under the trademarks "Pizza Inn" and "Pie Five Pizza Co." Pizza Inn is an international pizza chain featuring traditional and specialty pizzas, as well as freshly made pastas, sandwiches, and desserts. Pie Five Pizza Co. is the leading brand in the rapidly growing fast-casual pizza space, offering individual pizzas made to order and cooked in less than five minutes. Founded in 1958, Pizza Inn Holdings owns and franchises approximately 300 restaurants. The Company's common stock is listed on the Nasdaq Capital Market under the symbol "PZZI." For more information, please visit www.pizzainn.com.

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