UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) November 7, 2012

Pizza Inn Holdings, Inc.

(Exact name of registrant as specified in its charter)

Missouri (State or other jurisdiction of incorporation) 0-12919

(Commission File Number)

45-3189287 (IRS Employer Identification No.)

3551 Plano Parkway, The Colony, Texas (Address of principal executive offices)

75056 (Zip Code)

Registrant's telephone number, including area code (469) 384-5000

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

ITEM 2.02 Results of Operations and Financial Condition

On November 7, 2012, Pizza Inn Holdings, Inc. issued a press release discussing financial results of its first quarter of fiscal 2013 ended September 23, 2012, a copy of which is attached as Exhibit 99.1 hereto.

ITEM 9.01 Financial Statements and Exhibits

(d) Exhibits

Exhibit Number	Description
99.1	Pizza Inn Holdings, Inc. press release dated November 7, 2012.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: November 7, 2012

PIZZA INN, INC.

By: <u>/s/ Clinton Coleman</u> Clinton Coleman, President and Chief Executive Officer

Contact: Jerry L. Trojan Chief Financial Officer Pizza Inn Holdings, Inc. 469-384-5000

PIZZA INN HOLDINGS, INC. REPORTS RESULTS FOR FIRST QUARTER FISCAL YEAR 2013

Company continues to grow Pie Five Pizza Co. concept

The Colony, Texas - November 7, 2012 -- PIZZA INN HOLDINGS, INC. (NASDAQ: PZZI)

First Quarter Fiscal Year 2013 Highlights:

- The Company opened an additional Pie Five Pizza Co. restaurant
- · Company-owned restaurant sales increased 41.4% over the first quarter of fiscal 2012 to \$1.8 million
- Net income decreased \$0.4 million from the first quarter of fiscal 2012 to a loss of \$58,000
- Compared to first quarter of fiscal 2012, total domestic franchised same store sales declined 6.8%
- EBITDA decreased \$0.4 million to \$0.3 million compared to first quarter of fiscal 2012

Pizza Inn Holdings, Inc. (NASDAQ: PZZI) today announced results for the first fiscal quarter ended September 23, 2012. First quarter net income decreased \$0.4 million to a loss of \$58,000, or \$0.01 per share, compared to net income of \$0.3 million, or \$0.04 per share, for the same quarter of the prior fiscal year. The decline in net income was primarily attributable to lower revenue earned from franchising and food and supply sales and higher costs related to the continued development of the Pie Five Pizza Co. concept when compared to the first quarter ended September 25, 2011.

First quarter revenues decreased to \$10.4 million in fiscal 2013 compared to \$11.1 million in the prior fiscal year. Food and supply sales decreased by approximately \$1.2 million, or 13.4%, due to the combined impact of a decrease in the average number of restaurants open, a 9.4% decrease in total domestic franchisee retail sales and a decrease in non-proprietary items purchased from the Company by franchisees. Compared to the first quarter of fiscal 2012, Company-owned restaurant sales increased 41.4% to \$1.8 million due primarily to new store openings.

"We continue to develop and expand our Pie Five concept with the addition of one new store opened in the fiscal first quarter and our eighth store in October," commented Clinton Coleman, Interim President and Chief Executive Officer. "We are pleased with the performance of the last several new stores and are planning to accelerate the opening of Pie Five stores in the second half of fiscal 2013. Our franchise development activities are ramping up, as experienced multi-unit operators in many markets are indicating a high degree of interest in the Pie Five concept. Meanwhile our Pie Five brand has drawn national attention as a result of being named a Hot Concept for 2012 by *Nation's Restaurant News*. We continue to invest in people and infrastructure in anticipation of further development of Company-owned and franchised units of our Pie Five concept."

"The retail sales trend in the Pizza Inn system continued to be impacted during the first quarter by the high level of pricing competition in the pizza market. While food and supply sales relative to total domestic franchisee sales remained below our historical norms during the first quarter, the trend improved from the pace of the third and fourth quarters of fiscal 2012. We continue to evaluate new initiatives for providing high-quality, non-proprietary food products to our franchisees," Mr. Coleman concluded.

FOR IMMEDIATE RELEASE

Contact: Jerry L. Trojan Chief Financial Officer Pizza Inn Holdings, Inc. 469-384-5000

Certain statements in this press release, other than historical information, may be considered forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995, and are intended to be covered by the safe harbors created thereby. These forward-looking statements are based on current expectations that involve numerous risks, uncertainties and assumptions. Assumptions relating to these forward-looking statements involve judgments with respect to, among other things, future economic, competitive and market conditions, regulatory framework and future business decisions, all of which are difficult or impossible to predict accurately and many of which are beyond the control of Pizza Inn Holdings. Although the assumptions underlying these forward-looking statements are believed to be reasonable, any of the assumptions could be inaccurate and, therefore, there can be no assurance that any forward-looking statements will prove to be accurate. In light of the significant uncertainties inherent in these forward-looking statements, the inclusion of such information should not be regarded as a representation that the objectives and plans of Pizza Inn Holdings will be achieved.

Pizza Inn Holdings, Inc. is an owner, franchisor and supplier of a system of restaurants operating domestically and internationally under the trademarks "Pizza Inn" and "Pie Five Pizza Company." The Company and its distribution division, Norco Restaurant Services Company, are headquartered in The Colony, Texas. The Company's common stock is listed on the Nasdaq Capital Market under the symbol "PZZI."

PIZZA INN HOLDINGS, INC. CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS (In thousands, except per share amounts) (Unaudited)

	Three Months Ended			
		ember 23, 2012	Se	ptember 25, 2011
REVENUES:	\$	10,438	\$	11,147
COSTS AND EXPENSES:				
Cost of sales		8,792		9,250
General and administrative expenses		1,005		895 452
Franchise expenses Pre-opening expenses		501 79		452
Bad debt		45		12
Interest expense		104		16
		10,526		10,640
			-	
(LOSS) INCOME FROM CONTINUING OPERATIONS BEFORE TAXES		(88)		507
Income taxes	_	(45)		178
(LOSS) INCOME FROM CONTINUING OPERATIONS		(43)		329
Loss from discontinued operations, net of taxes		(15)		(16)
NET (LOSS) INCOME	\$	(58)	\$	313
			-	
EARNINGS PER SHARE OF COMMON STOCK - BASIC:				
(Loss) Income from continuing operations	\$	(0.01)	\$	0.04
Loss from discontinued operations		-		-
Net (loss) income	\$	(0.01)	\$	0.04
EARNINGS PER SHARE OF COMMON STOCK - DILUTED:				
(Loss) Income from continuing operations	\$	(0.01)	\$	0.04
Loss from discontinued operations		-		-
Net (loss) income	\$	(0.01)	\$	0.04
Weighted average common shares outstanding - basic		8,021		8,011
Weighted average common and				
potential dilutive common shares outstanding		8,113	_	8,128

PIZZA INN HOLDINGS, INC. CONDENSED CONSOLIDATED BALANCE SHEETS (In thousands, except share amounts)

ASSETS	September 23, 2012 (unaudited)	June 24, 2012	
CURRENT ASSETS			
Cash and cash equivalents	\$ 1,157	\$ 590	
Accounts receivable, less allowance for bad debts	÷ -,,	•	
of \$297 and \$253, respectively	2,878	3,098	
Inventories	1,780	1,852	
Income tax receivable	431	431	
Deferred income tax assets	1,295	1,078	
Prepaid expenses and other	394	256	
Total current assets	7,935	7,305	
LONG-TERM ASSETS			
Property, plant and equipment, net	4,907	4,794	
Long-term notes receivable	53	27	
Deposits and other	218	372	
	\$ 13,113	\$ 12,498	
LIABILITIES AND SHAREHOLDERS' EQUITY			
CURRENT LIABILITIES			
Accounts payable - trade	\$ 1,447	\$ 1,562	
Accrued expenses	1,833	1,756	
Deferred revenues	143	200	
Bank debt	465	765	
Total current liabilities	3,888	4,283	
LONG-TERM LIABILITIES			
Bank debt, net of current portion	1,835	977	
Deferred tax liability	873	699	
Deferred revenues, net of current portion	116	125	
Deferred gain on sale of property	78	84	
Other long-term liabilities	28	22	
Total liabilities	6,818	6,190	
COMMITMENTS AND CONTINGENCIES			
SHAREHOLDERS' EQUITY			
Common stock, \$.01 par value; authorized 26,000,000			
shares; issued 15,140,319 and 15,140,319 shares, respectively;			
outstanding 8,020,919 and 8,020,919 shares, respectively	151	151	
Additional paid-in capital	9,199	9,154	
Retained earnings	21,581	21,639	
Treasury stock at cost			
Shares in treasury: 7,119,400	(24,636)	(24,636)	
Total shareholders' equity	6,295	6,308	
	\$ 13,113	\$ 12,498	
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PIZZA INN HOLDINGS, INC. CONDENSED CONSOLIDATED STATEMENTS OF CASH FLOWS (In thousands) (Unaudited)

	Three Months Ended			
		ember 23, 2012	September 25, 2011	
CASH FLOWS FROM OPERATING ACTIVITIES:				
Net (loss) income	\$	(58)	\$ 313	
Adjustments to reconcile net (loss) income to		()		
cash provided by operating activities:				
Depreciation and amortization		291	176	
Stock compensation expense		45	42	
Deferred tax		(43)	18	
Provision for bad debts		44	15	
Changes in operating assets and liabilities:		1.5.6	(17)	
Notes and accounts receivable		176	(17)	
Inventories		72	(55)	
Accounts payable - trade Accrued expenses		(115) 77	(244)	
Deferred revenue		(72)	(20)	
Prepaid expenses and other		(12)	(109)	
Cash provided by operating activities		403	119	
Cash provided by operating activities		403	119	
CASH FLOWS FROM INVESTING ACTIVITIES:				
Capital expenditures		(394)	(115)	
Cash used by investing activities		(394)	(115)	
Cash used by investing activities		(394)	(115)	
CASH FLOWS FROM FINANCING ACTIVITIES:				
Borrowings of bank debt		2,560	-	
Repayments of bank debt		(2,002)	(83)	
Cash provided (used) by financing activities		558	(83)	
Net increase (decrease) in cash and cash equivalents		567	(79)	
Cash and cash equivalents, beginning of period		590	949	
Cash and cash equivalents, end of period	\$	1,157	\$ 870	
SUPPLEMENTAL DISCLOSURES OF CASH FLOW INFORMATION				
CASH PAYMENTS FOR:				
	¢	22	¢ :-	
Interest	\$	33	\$ 12	

PIZZA INN HOLDINGS, INC. RECONCILIATION OF NON-GAAP FINANCIAL MEASURES (In thousands) (Unaudited)

	Three Mon	Three Months Ended			
	September 23, 2012	September 25, 2011			
Net (loss) income	\$ (58)	\$ 313			
Interest expense	104	16			
Taxes	(45)	178			
Depreciation and amortization	291	176			
EBITDA	\$ 292	\$ 683			